

## Recordes Absolutos de Todas as Piscinas da SCC

Provas	Masculinos			Femininos		
	Nome	Tempo	Ano	Nome	Tempo	Ano
50 L	Pedro Lopes	25.96	2008	Ana Nora	28.61	2005
100 L	Pedro Lopes	55.99	2008	Ana Nora	1.04.00	2002
200 L	Pedro Lopes	2:00.67	2008	Ana Nora	2.20.47	2002
400 L	Pedro Lopes	4.14.22	2007	Florabela Machado	4.50.00	2009
800 L	Pedro Lopes	8.53.28	2006	Florabela Machado	9.52.51	2009
1500 L	Pedro Lopes	17.24.23	2006	Sara Espinhal	20.33.70	1993
50 M	Pedro Lopes	27.24	2007	Marta Ferraz	33.29	2007
100 M	Pedro Lopes	59.01	2008	Joana Oliveira	1.13.30	1995
200 M	Pedro Lopes	2.09.96	2006	Joana Oliveira	2.42.57	1996
50 B	Nuno Cruz	32.49	1996	Diana Ramos	36.23	2005
100 B	Gustavo Meneses	1:09.62	2008	Adriana Santos	1.20.28	2005
200 B	Nuno Cruz	2.32.27	1996	Adriana Santos	2.55.04	2005
50 C	Gustavo Meneses	30,04	2008	Ana Nora	33.20	2005
100 C	Gustavo Meneses	1:02.94	2008	Ana Nora	1.11.66	2005
200 C	Nuno Cruz	2.18.80	1996	Ana Nora	2.34.00	2005
100 E	Nuno Cruz	1.04.54	1996	Ana Nora	1.15.73	2002
200 E	Pedro Lopes	2:16.89	2008	Ana Nora	2.37.19	2005
400 E	Pedro Lopes	4.51.81	2008	Florabela Machado	5:39.27	2009
4X50 L	NM+AD+GM+PL	1.47.85	2007	AN+MF+SO+TP	1.59.16	2005
4X50 E	GM+NM+PL+AD	1.58.78	2007	AN+DR+MF+SO	2.13.75	2005
4X100 L	GM+AD+PL+DF	3:51.53	2008	AN+MF+SO+TP	4.26.74	2005
4X200 L	AD+NM+PL+RP	08:35,4	2008	SO+MF+TP+NA	9.53.42	2005
4X100 E	DG+GM+PL+DF	4:15.92	2008	AN+AS+MF+SO	4.56.08	2005